

<b>Back Left</b>			3270	<b>Back Right</b>			3152
Rear Pannier	812			Rear Pannier	812	812	
Climbing Trousers	280			Black fleece	542	542	
Cycle Shirt (2)	170			Reflector Shirt	300		
Cycle shorts		158		Med.-swabs, bandages, Iemsip, plaster, scissors	158		
Cycle leg warmers	140			Silk Liner	156		
Etui:	570			Sleeping Bag (incl. cover)	778		
Flannel, towel				Alldays	154		
Mosquito Repellent,				Rags, dusters	68		
Shampoo, Soap, Floss,				Innertube	184		
Toothpaste, Toothbrush, Comb							
Long Johns	112						
Long-sleeved orange Shirt	112						
Long-sleeved "thermal" Vest	110						
Pants (2)	90						
Grey knee-length shorts	150						
Socks (2)	52						
T-shirt (2, blue, white)	112	112					
Texas	510						
Vests (1)	50	50					
<b>Front Left</b>		1796		<b>Front Right</b>		1302	
Front Pannier	726	726		Front Pannier	762	762	
yellow rain coat + cap	486	486		Handkerchiefs x3	80		
black leggings	344			Plastic bags (large)	148		
spats	124						
Head Band	20			Swimming Costume	86	86	
Inner Gloves + Overgloves	96			Red Long-sleeved wind jacket	226		
				<b>Handlebar Bag</b>		1596	
<b>Rucksack</b>		896		The Bag Itself	814	814	
The Rucksack Itself	616			Sewing kit	66	66	
Elastics	280	280		Toilet paper	20	20	
				Keys, house+bike	62	62	
				headtorch	36	36	
				Cycle Glasses	92	92	
				Driving Licence, Credit Cards	78	78	
				ID Card (CH) passport			
				Address book	76	76	
				Handy	118	118	
				Glasses (vary focal)	74	74	
				Penknife	60		
				Log book & pencil	10	10	
				Sun Cream, Lip Salve, Ear plugs	66	66	
				Saddlecover	24	24	
<b>Tent poles</b>							
<b>Mattress</b>	1004	1004					
				Total Front:	4694	34%	
Water Bottle	350	350		Total Rear:	8952	66%	

<b>To Wear</b>		1418
Helmet	284	
Cycle Shorts	158	
Socks	40	
Plimsolls	722	
Pants	30	
Cycle Shirt	140	
Gloves	44	

Total (excluding clothes worn) 13996

Total left 53%

Total right 47%

The numbers are weights in grams

<b>Notes</b>		
Cycle Computer Setting David	2184	
Cycle Computer Setting Kari	2070	

**BL = Back Left**  
**BR = Back Right**  
**FL = Front Left**  
**FR = Front Right**  
**HB = Handlebar Bag**  
**RS = Rucksack**  
**LR = Luggage Rack**

BR Alldays  
 HB Address Book

BR Black fleece

HB Cigarette Lighter  
 BL Climbing Trousers  
 BL Comb (Toilet Bag)  
 HB Credit Cards

HB Cycle Glasses  
 BL Cycle Shirt (2)  
 BL Cycle Legwarmers  
 BL Cycle shorts  
 BL Dental Floss (Toilet Bag)  
 HB Diary  
 HB Driving Licence  
 HB Ear Plugs (Toilet Bag)  
 LR Elastics  
 BR Emergency spoke (Repair Kit)  
 BR First Aid Kit  
 BL Flannel (Toilet Bag)  
 HB Glasses  
 RS Glasses (spare)  
 FR Gloves (Inner + Over)

BL Grey knee shorts  
 HB Handy  
 FR Head Band  
 BR Inner tube

HB ID Card (CH)  
 HB Keys, house + bike  
 HB Lip Salve  
 HB Lock  
 HB Log Book  
 BL Long Johns  
 BL Long-sleeved Skiing Shirt  
 BL Long-sleeved orange Shirt  
 BL Long-sleeved "thermal" Vest  
 LR Mattress  
 BR Med. + scissors  
 BL Micropur (Toilet Bag)

BL Mosquito Repellant (Toilet Bag)  
 FL Nylon Anorak  
 FL Nylon Leggings  
 BL Pants (2)  
 RS Paper Handkerchieves  
 HB Passport (UK)  
 BR Pegs (5)  
 HB Penknife  
 HB Polythene Bags(small)  
 FL Plastic bags (large)  
 FR Red longsleeved wind jacket  
 BR Reflector Shirt  
 HB Saddle Cover  
 BL Scissors (Toilet Bag)  
 HB Sewing Kit  
 BL Shampoo (Toilet Bag)  
 BR Silk Liner  
 BR Sleeping Bag (incl. cover)  
 BL Soap (Toilet Bag)  
 BL Socks (3)  
 FL Spats  
 HB Sun Cream  
 HB Sunglasses  
 FR Swimming Costume  
 BL T-shirt (2)  
 LR Tent Poles  
 BL Tevas  
 HB Toilet Paper  
 BL Toothbrush (Toilet Bag)  
 BL Toothpaste (Toilet Bag)  
 BL Towel (Toilet bag)  
 BL Vests (1)  
 HB Wallet  
 BR Washing Line  
 FL Washing Liquid (Pots)  
 BR Washing Sachets

#### **To Wear**

Helmet  
 Cycle Shorts  
 Socks  
 Plimsoles  
 Pants  
 Cycle Shirt  
 Gloves

File = packListKariNZ.ods  
 Alphabetical

10th Nov 2010